

Frequently Asked Questions



What is Grouper and how does it work?

Grouper is your gateway to vibrant social connections. We seamlessly work with health plans to support the cost of staying active, ensuring you can reap the benefits of Social Fitness for improved mental, physical and social well-being.

Why do clubs and associations partner with Grouper?

This partnership opens doors for our eligible members to enjoy an initial \$50 payment as well as ongoing activity payments by Grouper. These payments are made possible by Grouper's partnerships with Medicare Advantage and Medicare Supplement plans.

This sounds too good to be true, what's the catch?

There is no catch! Grouper recognizes what medical and social research have now well documented: building and maintaining social connections become more difficult as we age. Simply put, group activities lead to longer and healthier lives. Grouper helps eligible members access and make the most of their health plans' social activity benefits.

Is my privacy protected?

Yes. Your information is not sold. Grouper will only share your information as needed for the purposes of administering your health benefit. For further information, see the [Privacy Policy](#).

What do I need to sign up for Grouper?

- Basic contact information (Name, Phone, Email, Zip Code)
- Health plan information
- In some cases, Grouper might ask for your membership number, if relevant

How do I get started?

STEP 1: Register online to confirm your eligibility.

STEP 2: Tell Grouper where to send the check.

STEP 3: Keep participating in your passion!

Once your eligibility and group membership are confirmed, Grouper will send you an initial payment of \$50. For each three months of activity after that, Grouper will send \$20, if you stay active and keep Grouper updated on your in-person social activity!

Grouper

Call 407-562-3890

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Visit hellogrouper.com

Grouper Club Network Locations ("CNL") are not owned or operated by Grouper or its affiliates. Use of CNL facilities and amenities limited to terms and conditions of CNL basic membership. Facilities and amenities vary by CNL. Always talk to your doctor before starting an exercise program.

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