



BEGINNER BRIDGE LESSONS

Now is your opportunity to not only enhance your brain cells with a great new learning experience but also join a group of like-minded individuals in learning the amazing game of Bridge.

The lessons are meant for brand new players as well as those who played in the distant past or those simply needing an update.

A partner is not required, simply enjoy the joy of learning.

A few comments by recent attendees: *My motivation for taking the beginners bridge lessons was to give my brain a much needed workout and what a workout it gets! I had no idea what I was getting myself into but in a good way. Following the lessons, you have the opportunity to attend fun bridge Friday, with a mentor if you choose and there are always experienced players to help you. If you are looking for a challenge and are interested in meeting new friends this is the perfect start.* **Lynn C.**

Diana's lessons gave me a good grounding in the basics of bridge. Now I play regularly- it's great for mental stimulation as you never stop learning. There's a thriving bridge community in Kelowna and I've met lots of new people and made some great friends. **Wendy W.** *Fitness classes look after my physical health. Bridge takes care of my mental and social health. I took the beginner lessons and have enjoyed the challenge of the play and the camaraderie of the bridge clubs ever since.* **Pat B.**

Space is limited so please register early.

Contact: Parkinson Senior Centre 250 762 4108 for registration and payment.

Contact Diana Knowles for further information: dknowles9@icloud.com or
250 491 4704 – landline.

Dates & Time: 10:00 a.m. – 12:00 p.m.

Dates: Thursday October 3, 10, 17, 24 31, November 7, 14 & 21.

Cost: \$75.00