

## What are the Coaching Notes?

These can be found at [Gentle Duplicate Coaching Notes](#)

Most weeks, there will be a write-up of the hands on the Allendale web site. These should be available from Thursday morning and include:

- Suggested auctions and leads for all the hands played
- Reminders of the basic things you will have learned on your Beginners' and Improvers' courses
- Interesting tips
- Introduction to new conventions
- Advice on how to play and defend the hands
- Archive of previous sessions coaching notes